



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu February 2024



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| | | <p>!!! IMPORTANT !!! Please remember to pay your breakfast and lunch bills daily, weekly or monthly.</p> | | |
| 29 | 30 | 31 | 1 | 2 |
| Sausag, Egg & Cheese Croissant Fruit Juice, Milk | High School Griddle Fruit Juice, Milk | Sausage, Egg and Cheese Muffin Fruit Juice, Milk | Bagel and Cream Cheese Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk |
| Vegetable Beef Soup Cheese Stick Crackers Fresh Fruit and Vegetable Bar Cinnamon Roll Milk | High School Special Chicken, Rice and Cheese Black Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Beef Tips Mashed Potatoes Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Chicken Alfredo Green Beans Garlic Bread Fresh Fruit and Vegetable Bar Milk | Turkey and Cheese Sandwich Lettuce, Tomato and Pickles Potato Chips Fresh Fruit and Vegetable Bar Cookie Milk |
| | Burrito/Veggie | Chicken Nuggets/Veggie | Hamburger/Tots | Pizza/Salad |
| 5 | 6 | 7 | 8 | 9 |
| Biscuits and Gravy Fruit Juice, Milk | Pancake on a Stick Fruit Juice, Milk | Breakfast Pizza Fruit Juice, Milk | Breakfast Burrito Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk |
| Chicken Caesar Wrap Potato Wedges Broccoli w/ Ranch Fresh Fruit and Vegetable Bar Chocolate Cake Milk | Beef Nachos Pinto Beans Salsa Fresh Fruit and Vegetable Bar Milk | Chicken Nuggets Mashed Potatoes Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Bacon Cheeseburger Lettuce, Tomato and Pickles French Fries Fresh Fruit and Vegetable Bar Milk | California Chicken Flatbread Spinach Salad Fresh Fruit and Vegetable Bar Ice Cream Milk |
| Toasted Cheese/Jalapeno Soup | Cheese Quesadilla/Veggie | SAME | Hamburger/ FF | Pizza/Salad |
| 12 | 13 | 14 | 15 | 16 |
| Sausage Biscuit Fruit Juice, Milk | French Toast Sticks Fruit Juice, Milk | Valentines Donuts Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk | NO SCHOOL |
| BBQ Sandwich Corn Chips Pickle Spears Fresh Fruit and Vegetable Bar Milk | Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Chicken Tenders Mashed Potatoes & Gravy Glazed Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Chili Cheese Fries Sweet Corn Fresh Fruit and Vegetable Bar Milk | |
| Pinto Beans, Tators & Cornbread | Chicken Burrito Bowl | Chicken Nuggets/Veggie | Hamburger /Veggie | |
| 19 | 20 | 21 | 22 | 23 |
| NO SCHOOL | Pancake on a Stick Fruit Juice, Milk | Breakfast Pizza Fruit Juice, Milk | Smoothie and Toast Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk |
| | Mexican Beef and Rice Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Salisbury Steak Mashed Potatoes & Gravy Black Eyed Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Breakfast for Lunch Eggs and Sausage Biscuits and Gravy Hashbrown Fresh Fruit and Vegetable Bar Milk and Juice | Calazone Marinara Sauce Ceasar Salad Fresh Fruit and Vegetable Bar Ice Cream Milk |
| | Burrito/Veggie | Chicken Nuggets/Veggie | Chicken and Waffles/Veggie | Pizza/Salad |

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.